

COURAGE • CONFIDENCE • CONNECTION



## UNLOCK YOUR POTENTIAL WITH COMMUNITY SUPPORT

Take charge of your career with **empowHER**. Build essential soft skills and well-being strategies to stand out and thrive in the job market. Gain communication skills, adaptability, and confidence to open new doors. It's not just about finding a job - it's about finding your power.

### THE PROGRAM OFFERS

- Access to local community organisations
- Consult with experts to address emotional barriers
- Workshops on resilience and self-confidence
- Acquire essential skills from experienced trainers
- Connect with local employers
- Overcome job interview challenges
- Learn effective self-presentation
- Develop communication skills
- Receive career coaching and mentorship
- Health and wellness support

**EmpowHER:** Your journey to success begins here. Join a supportive community today!

**LOCATION:**

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